



2017 Annual Donor Report



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“What gifts we all have the most precious of which is each other— that we have one another and can help one another. Miracles happen, and they happen to us.”

—Dr. Arch MacNair, Former Chaplain



Mission

To transform lives, giving hope and healing to those affected by alcohol or drug addiction.

Core Values

Our core values honor our history and traditions by:

- Always putting the patient first.
- Providing the highest quality care throughout our continuum of services.
- Recognizing the principles embodied in the 12 Steps as the essential foundation of lasting recovery.
- Providing a physical and therapeutic environment conducive to the transforming power of a spiritual awakening.
- Valuing the importance of family participation in the recovery process.
- Remaining grateful for those who support our mission and share our passion for recovery.
- Demonstrating the same care and respect for our employees as they show for our patients.

To Our Annual Donors,

Dear Friends,

Every morning when I drive through Cumberland Heights' arched gates, I am thankful for the opportunity to help patients and families "recover life." And every night when I leave, I am reminded to "Let go and let God," and am grateful for the thousands of little things our staff members do each day as they walk new paths of recovery with our patients.

What our entire Board of Directors and I appreciate most is the generosity of the Cumberland Heights community – donors and volunteers alike – who support our mission. Throughout the pages of this report, you will see how much Cumberland Heights has grown since we started in 1966 with only three patients and a handful of staff.

Everything we accomplish is because of donors like you and the hundreds of others who generously give to Cumberland Heights every year. Thank you for helping change the lives of our current patients, families, alumni and all those who will seek our help in the years to come.

Sincerely,

A handwritten signature in black ink, appearing to read "Jay D. Crosson". The signature is fluid and cursive, with a long horizontal stroke at the end.

Jay Crosson CEO



Major Fund Drives



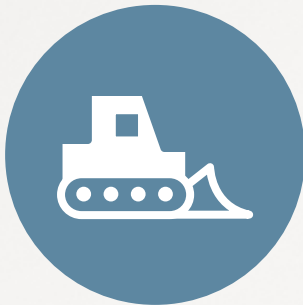
1965
BREAKING GROUND
CAMPAIGN
\$284,000



1974
WOMEN'S CENTER
CAMPAIGN
\$335,000



1981-2017
CUMBERLAND HEIGHTS
ENDOWMENT
\$3.8 MILLION



1982
CAMPUS EXPANSION
CAMPAIGN
\$2.2 MILLION



1996-2017
CONCERT FOR
CUMBERLAND HEIGHTS
\$3.1 MILLION



2003
CAMPAIGN FOR
RECOVERY
\$11 MILLION



2009-2017
ANNUAL FUND
DRIVE
\$1.9 MILLION



2011-2017
REACHING NEW
HEIGHTS
\$650,000



2016
50TH ANNIVERSARY
CAMPAIGN
\$980,000



Cumberland Heights opened its doors with a handful of staff and 3 patients in 1966. To date we have served over 36,000 men, women and adolescents who suffer from addiction, and we employ 375 staff.

Cumberland Heights began with the purchase of a 177 acre farm on River Road. Today Cumberland Heights is made up of:

177

ACRE
MAIN CAMPUS

2

12-STEP IMMERSION
CAMPUSES

12

OUTPATIENT
RECOVERY CENTERS

5

SOBER LIVING
HOUSES

2

EXTENDED
CARE HOUSES

2017 Donor Recognition

Circle of Hope

\$25,000+

Mr. John E. Cain III
Cal Turner Family Foundation
Mr. and Mrs. Andrew D. Crichton
Estate of Timothy Paul Cotton
Anonymous
Shirley and Jimmy Stansell
Washington Foundation

Circle of Serenity

\$10,000 - \$24,999

Arch Lephon MacNair Marital Trust
Rob and Pam Crichton
David B. Ingram Advised Fund of The Community
Foundation of Middle Tennessee
The Enchiridion Foundation
Duncan Eve
Ms. Elizabeth B. Fox
Stephanie and John Ingram
LBMC PC
Life Style Real Estate Advisors, Inc
Louie M. and Betty M. Phillips Foundation
Mr. and Mrs. Alec W. McDougall
Paddock Center, LLC
Mr. and Mrs. James W. Perkins III
RHP Corporate Properties, LLC

Circle of Freedom

\$5,000 - \$9,999

AMEX
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Chalfont Family Foundation
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First Presbyterian Church
FirstFleet, Inc.
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RJ Young
Ryman Hospitality Properties Foundation
The Samuel M. Fleming Foundation
Mr. and Mrs. Thomas S. Smith
Sysco Nashville
Stewart and Clay Taylor, The Taylor Family Fund
TLC Engineering for Architecture
Christi and Jay Turner

Circle of Strength

\$2,500 - \$4,999

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Baulch Family Foundation
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Mr. and Mrs. Brad Blevins
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Mr. and Mrs. Jeremy W. Davidson
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Hunter and Jinanne West
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\$1,000 - \$2,499

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The Crichton Group
Gwynn Crichton
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Cushman & Wakefield
Annie and Eslick Daniel
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\$500 - \$999

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Mr. and Mrs. Bruce A. Bittles
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Kemp and Jeffrey W. Buntin, Jr.
Laurel and Louie Buntin
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Caron Treatment Centers
Debbie and Rob Carter
Centennial Heart Cardiovascular Consultants
Bette and Mark Christofersen
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DonateWell
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 Anonymous
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 Mr. and Mrs. William F. Majors
 Ms. Kathryn Mastin
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 Mr. Eddie L. McClure
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 Ms. Cecilia Mynatt
 Ms. Cathy P. Nakos
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\$100 - \$249

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Cumberland Heights Endowment Fund
Thomas Tyne Earthman Endowment Fund
The Dorothy Cate & Thomas F. Frist, Sr. Endowment Fund
Fernando Garza
William L (Red) Granbery Endowment
Cynthia D. Hagan
Jeff and Lori Holtfreter
John Ishee Endowment Fund
Bob Jackson Endowment for Patient Assistance
Albert W. Johnson II
Sheila Keeble Endowment Fund

James R. "Duke" Kennedy Endowment Fund
Lackey Family Patient Assistance Endowment Fund
Genie Laurent
John E. Mayfield Fund for Cumberland Heights at
The Community Foundation of Middle TN
+ John E. Mayfield Patient Assistance Fund
Peggy and Stafford McNamee
John B. Olcott Endowment Fund
The Perkins Endowment Fund
Craig Philip and Marian Ott
Rebecca and John Reed
**Watt Reynolds Patient Assistance Endowment Fund
Joe and Linda Roberts
Shelton Endowment Fund
James N. Stansell, Jr.
**Pete Stansell Memorial Fund
The Graham and Dorothy Sue Sweeney Endowment
Gilbert and Gil Templeton Endowment Fund
for the Children's Program
The Dorothy "Dottie" Threadgill Cumberland Heights
Friends Endowment Fund
Bette White
Horace Williams
Zelle Fund for Cumberland Heights at the Community
Foundation of Middle TN

If you would like to include Cumberland Heights in your estate planning or would like to discuss the variety of methods to do so, please contact the Development Office at (615) 432-3221.

If you made an annual gift to Cumberland Heights in 2017 and your name does not appear in this report, we apologize for the omission and ask that you contact the Development Office at (615) 432-3228.

**New Members in 2017

*New Funds

+ Deceased



Cumberland Heights Foundation

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CumberlandHeights.org

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